The Thirteen Essential Rudiments
of
the National Association of Rudimental Drummers

No. 1 — The Long Roll

No. 2 — The Five Stroke Roll

No. 3 — The Seven Stroke Roll

No. 4 — The Flam

No. 5 — The Flam Accent

No. 6 — The Flam Paradiddle

No. 7 — The Flamacue

No. 8 — The Ruff

No. 9 — The Single Drag

No. 10 — The Double Drag

No. 11 — The Double Paradiddle

No. 12 — The Single Ratamacue

No. 13 — The Triple Ratamacue

★ All Rudiments are to be played Open and Close

THE THIRTEEN RUDIMENTS TO COMPLETE
THE STANDARD 26 AMERICAN DRUM RUDIMENTS
As Adopted By the N.A.R.D

No.14. The Single Stroke ROLL.
L R L R LR LR LRLR etc.

No.15. The Nine Stroke ROLL
LL RRLLRRL RRLLRRLLR

No.16. The Ten Stroke ROLL.
LLRRLLRRLR LLRR LL RRLR LLRR LLRRLR LLRRLLRRLR

No.17. The ELEVEN Stroke Roll.
LLRRLLRRLLR LLRRLLRRLLR LLRRLLRR LL R LLRR LLRR LL R

No.18. The THIRTEEN Stroke ROLL.
LLRRLLRRLLRRL RRLLRRLL RRLL R etc.

No.19. The FIFTEEN Stroke ROLL
LLRRLLRRLLRRLL R LLRRLLRRLLRR LL R LLRR LLRR LLRR LLR

No.20. The FLAM TAP
L RR L LL L RR L LL RR LL RR LL etc.

No.21. The SINGLE PARADIDDLE
L R L L R L R R L R L L R L R R L R L L R L R R

No.22. The DRAG PARADIDDLE NO.1
R LL R L R R L R R L R L L R LL R L R R L R R L R L L R LL R L R R

No.23. The DRAG PARADIDDLE NO.2.
R LL R L L R L R R L R R L R R L R L L

No.24. The FLAM PARADIDDLE-DIDDLE.
L R L R R L L R L R L L R R L R L R R L L R L R L L R R etc.

No.25. LESSON 25
LL R L R LL R L R LL R L R LL R L R (Inverted)

No.26. The DOUBLE RATAMACUE
LL R LL R L R L RR L RR L R L R