

## Eight Ways to Be a Great Team Member

- **Set the Example**
  - Instead of worrying about the lack of performance, productivity and commitment of others you simply decide to set the example and show your team members what hard work, passion and commitment looks like.
  - Focus on being your best every day.
  - When you do this you'll raise the standards and performance of everyone around you.
- **Use Your Strengths to Help the Team**
  - The most powerful way you can contribute to your team is to use your gifts and talents 'to contribute to the team's vision and goals.
  - Without your effort, focus, talent and growth the team won't accomplish its mission.
  - This means you have' an obligation to improve so you can improve your team.
  - You are meant to develop your strengths to make a stronger team.
  - Be selfish by developing you and unselfish by making sure your strengths serve the team.
- **Share Positive Contagious Energy**
  - Research shows emotions are contagious and each day you are infecting your team with either positive energy or negative energy.
  - You can be a germ or a big dose of Vitamin C.
  - When you share positive energy you infectiously enhance the mood, morale and performance of your team.
  - Remember, negativity is toxic.
  - Energy Vampires sabotage teams and complaining is like vomiting.
  - Afterwards you feel better but everyone around you feels sick
- **Put the Team First**
  - Great team players always put the team first.
  - They work hard for the team.
  - They develop themselves for the team.
  - They serve the team.
  - Their motto is "Whatever it takes to make the team better."
  - They don't take credit.
  - They give credit to the team.
  - To be a great team member your ego must be subservient to the mission and purpose of the team.
  - It's a challenge to keep our ego in check.
  - It's something most of us struggle with because we have our own goals and desires but if we monitor our ego and put the team first we'll make the team better and our servant approach will make us better.
- **Build Relationships.**
  - Relationships are the foundation upon which winning teams are built and great team members take the time to connect, communicate and care to build strong bonds and relationships with all their team members.
- **Trust and Be Trusted**
  - You can't have a strong team without strong relationships.
  - Great team members trust their teammates and most of all their team members trust them.
  - Trust is earned through integrity, consistency, honesty, transparency, vulnerability and dependability.
  - If you can't be trusted, you can't be a great team member.
  - Trust is everything.
- **Hold Them Accountable**
  - Sometimes our team members fall short of the team's expectations
  - Sometimes they make mistakes.
  - Sometimes they need a little tough love.
  - Great team members hold each other accountable.
  - They push, challenge and stretch each other to be their best.
  - Don't be afraid to hold your team members accountable.
  - But remember to be effective you must build trust and a relationship with your team members.
  - If they know you care about them they know you will challenge them and hold them accountable.
- **Be Humble**
  - Great team members are humble
  - They are willing to improve and get better
  - They are open to their team member's feedback and suggestions and don't let their ego get in the way of their growth or the team's growth.
  - There's tremendous power in humility that makes us and our team better